

THE PEOPLE'S EDITION

DREAM SUGAR

Cafe®

FALL & WINTER

**EVER WANTED
TO BE IN A
FASHION
MAGAZINE?**

**Get Glanned Up! Best
Shoes, Clothes, Purses,
Hair & Make Up**

*The Art
of Willa*

Genius Gift Idea

STEAL THE SPOTLIGHT



DAMIEN LEE
Exotic Leather! Exotic Fashion!



AN EXOTIC
LEATHER
PRODUCT LINE
ESTABLISHED IN
2009



— AVAILABLE AT —

WWW.SHOPDAMIENLEE.COM



DISCOVER
'NEW LIMITLESS
MASCARA' AND
TAKE LASHES TO THE EDGE

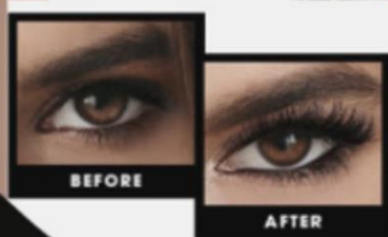
THE WOW EFFECT

A luxurious boost defining mascara for

- shocking multidimensional volume
- intense lengthening
- and a dramatic richly pigmented effect

Infused with Capixyl™

the curved bristle brush delivers
nourishment and conditions lashes,
giving you your best lash lift yet!



Take Lashes
to the Edge



MAKE SURE TO TAG US

Editor's Letter

Dear Dreamsquad,
There is truly no limit to all the dreamy wonders this issue has to offer. Whether you're looking for fashion, or want a yummilicious recipe from Tiana Wells-Lawson, there's something for every kind of reader. From the fun of checking out new dream box goodies to getting to know Mica Student Willa Richards, the issue welcomes everyone to "Enjoy my magazine."



But first grab your favorite cup of tea, coffee, or dessert.

A handwritten signature in black ink, appearing to read 'Tiana Wells-Lawson', with a large, sweeping flourish underneath.



Good Morning, Rose Healing Beauty Balm



Experience this 100% vegan & cruelty free moisturizer that is gentle and nourishing to your skin and a perfect luxurious item to add to your everyday skincare routine. This moisturizing body balm is infused with the most dreamiest ingredients such as coconut oil and shea butter ensuring only the best touches your body **pinpointing** areas such as your **lips, hands, feet, elbows, knees, and ankles.**

Visit www.DreamSugarCafe.com/shop





Dream Sugar Café

Spring & Summer Issue

Cafe Chats

8 Beauty Boss Tips to Turning Heads
and Getting Noticed Every Time – Page 19

The Art of Willa Richards - Page 21

Cultural

Healthy Tips from the Word of God - Page 24

Sugar & Spice and Everything Nice

How to Express the Secret Power Inside of Your
Creative Moment - Page 29

In Every Issue

Dream Box Page 12

Welcome to the Issue Page 13

Get in Touch Page 33

Advertising Inquiries

www.DreamSugarCafe.com/contact

Editor-in-Chief

Brooke
Gantt WBM
Publishing



DREAM SUGAR **Podcast**
Cafe® PRESENTS
Shop-n-Lounge

Be Interviewed,
Featured and
Promoted today!



TO SECURE YOUR SPOT VISIT

www.DreamSugarCafe.com/promotions





DREAM SUGAR CAFÉ MAGAZINE

This is a work of ideas, products, and concepts of the editor's imagination. Any resemblance to actual person's ideas, products, and concepts are entirely coincidental.

© 2021

All rights reserved.

No part of this magazine may be reproduced or stored in a retrieval system, or transmitted in any form or by any means, electronic, mechanical, photocopying, recording, or otherwise, without written permission from the editor. For information, contact info@dreamsugarcafe.com

WBM Publishing®



Coffee With A Purpose

Introducing Farmasi Nutriplus Chicory Coffee

New Nutriplus Chicory Coffee is the healthy alternative to regular coffee. Chicory Coffee is made using the roots of the chicory plant, which are roasted, ground and brewed. Chicory Coffee tastes similar to traditional coffee but has natural flavors that resonate with a slightly woody and nutty taste.



Chicory Root

- naturally caffeine-free
- contains zinc
- magnesium
- manganese
- calcium
- iron-folic acid
- potassium
- vitamin A, B6, C, E & K



You Get the First cup!

Check your back office promotions tab right now for access to this special presale!

\$22

Retail Price

**LIMIT 1 UNIT
OF PRE-PURCHASE**

Presale access available for Royalty Circle Members, Founders Club and Platinum Leaders and Above ONLY. Retail price for customers is \$22. Price for Beauty Influencers is \$11.

Shop Dream Sugar Café's

Dream Box Favorites

I dream of...

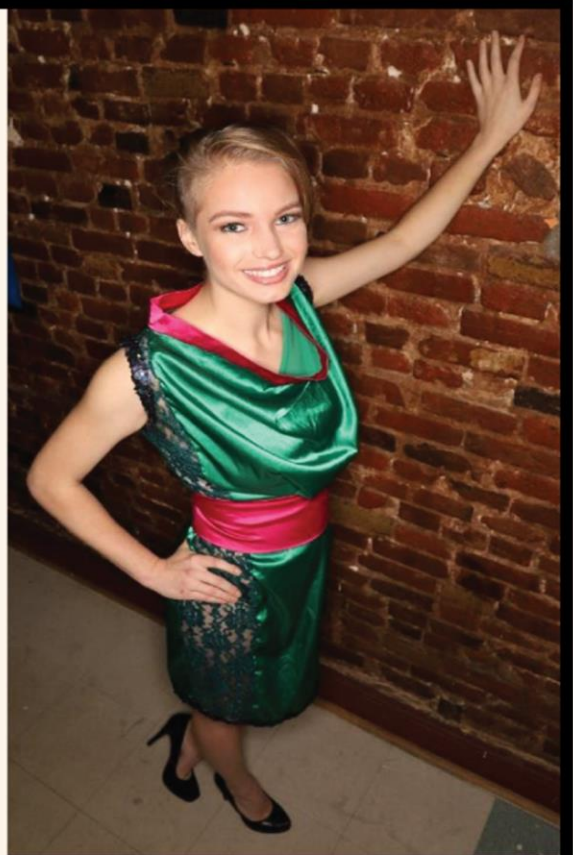


VFX Elite Liquid Lipstick Set 8 PCS – \$120.00

SHOPDAMIENLEE.COM



\$100-\$450



Designer Sean O'Neil's Dress,
price upon request at
www.facebook.com/neasa.leano



www.Farmasi.com



WELCOME TO THE ISSUE

Dream Sugar Café hustle and bustle is nothing short of endless opportunities. Have fun taking in all the dreamy and unforgettable content we already mentioned, but did we mention we have packed these pages to the brim with all the branding and promotional possibilities including us showing you how you can be in our fashion magazine. And guess what?! You don't need to have any modeling experience or modeling agency, and you do not need to audition to experience this amazing Vogue like photo shoot opportunity just like a top professional model, even if it's only for fun and memories!

With Dream Sugar Cafe unique offers, you'll get a complete **makeover**



and photo session from some of NYC's most **talented photographers and artists**. **Hundreds of people** will see your **shoots** in our magazines, distributed in selected stores and online or simply as a keepsake.





Is it your birthday?
Getting married?
You will automatically
be on the cover!



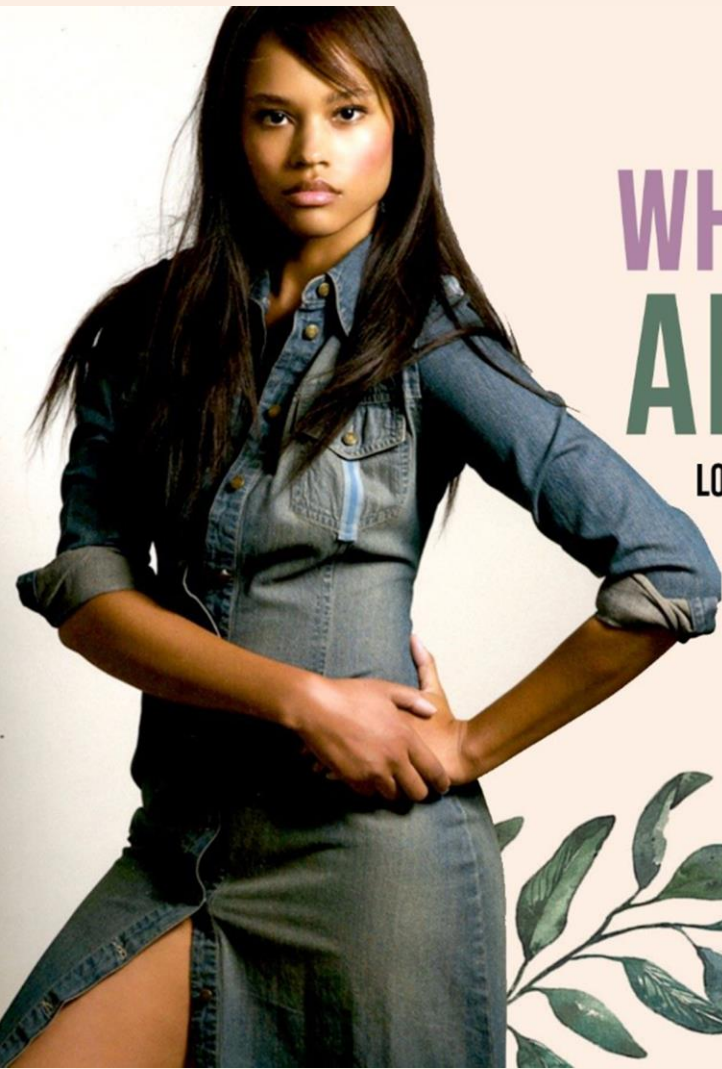
Already a model?

We offer tear sheets and a variety of services with benefits to help you stand out from the competition.

So, whether you are a **model, photographer, clothing designer, make-up artist, writer, hair** or **wardrobe stylist**, or even a client searching for advertisement or simply for fun this is perfect for you!

For all **sizes & shapes, ages, types, ethnic backgrounds, and professions.**

Enjoy the issue!



WHO NEEDS A BRAND AMBASSADOR?

LOOK NO FURTHER. I WILL BE YOUR BRAND AMBASSADOR. HOW?

Visit www.DreamSugarCafe.com/branding
for more details today!

Keep Dreaming

POWERED BY
DREAM SUGAR

Cafe®

BRAND HAND WASH

Lorem ipsum dolor sit amet, consectetur adipiscing elit. Vestibulum ut ipsum tellus.

REMOVES
ODORS

GENTLE
ON SKIN

CLEAN
RINSING



*For everyday
freshness!*

99% GERM PROTECTION

Inner confidence: is everything! It's going to be read by others from the very first minute they see you. Before you even have a chance to speak people will already make their first impression by the way you are dressed and move. It's the non-verbal language, and trust this everyone can read it. So, most importantly remember to keep calm, relaxed and happy. Just enjoy the moment. If your anxiety goes up just simply remember to not make a big deal out of whatever is making you nervous. King Solomon had a ring which had an engraved phrase: 'This too shall pass', - he would just look at it when something was going haywire and calm down right away. Keep that in mind and everything will start shining again. To have inner confidence permanently you need to remember this: Enjoy yourself. Be at ease with your inner and outer beauty. Don't try to please everyone. Be confident but not in 'a know it all' way - that's called 'arrogance'. Be the one who has nothing to prove but to be her open and honest self. Love to laugh, have integrity but try not to miss the small giggles in life that we cherish. Be the one who does not have to be over the top and trying to gather everyone's attention. Know you are beautiful inside and out just the way you are, and everyone will see your genuine beauty. Be confident and everyone will be drawn to you.

Graceful movement: Carrying yourself properly is the main key to graceful movement. When entering the room don't walk fast. Minimize the space between your legs. Put one foot in front of the other, like if you are walking on an invisible line. But don't overdo it. And remember this: don't look right down, don't drop your head. Look ten feet in front of you. Keep your arms down, not swinging, but not stiff like a military person. Keep your hips forward and upper body not moving. Learning to flow gracefully will take away the look of being small, crouched, and insecure.



8 Beauty Boss Tips to Turning Heads and Getting Notice Every Time

Eyes and smile: While walking gracefully slightly look around the room, keeping your eyes right above the horizon line, chin up. Smile with your eyes and slightly with your lips. Remember: smile has to be relaxed. Tense smile is going to spoil everything. So, smile inside thinking about how awesome this evening/ night/ morning is going to be and that you are enjoying yourself. Move smoothly and as you walk by look someone in the eyes and smile.



Talking: Don't speak too much, at least for the first moment: listen and smile instead. You can add a word or two, or a short witty phrase but don't talk too much - it creates that mysterious aura about you! And when you have teased others enough with your mysterious silence, they will come to you with questions, trust this, and they will make a conversation. Then talk but keep pauses and don't rush. When talking, do not talk loudly: keep your voice tone soft and nonaggressive: let people hear the kindness and smile in your voice. Pause when people speak. Give compliments and smile, smile, smile.



🚫 **Sitting down:** Always keep your posture straight, knees down and slightly to the side. Ankles should be close to one another as much as possible.

🚫 **Rising up:** When getting up, don't jump using your upper body like on a swing. Keep the body straight and use your legs to raise yourself: bring your feet to your center position, slide yourself forward shifting your balance onto your legs, and gently get up maintaining the straight posture.

🚫 **Hand and arm movement:** When moving your arms, feel the air between your arms and body, as if they are on an air pillow. For example: when lifting a glass don't grab it. Extend your arm and remember the air in between. Elbows lifted a little, fingers slightly crossed. Do it slowly and smoothly. Fingers are extremely sensual and can dramatically increase your feminine message to others.

🚫 **Posture:** Stomach in. Chest is up. Shoulders back. Chin is lifted. Back straight. Eyes looking right above the horizon line. Proper posture and poise are trained skills, so when you practice for some time, they become second nature. Proper body alignment will visually make you look thinner and taller. Never be stiff.

🚫 **Non-verbal communication:** The easiest way to create that unspoken connection with someone is through eye contact. Try holding a person's gaze for more than a second—most eye contact lasts just a fraction of a second. Smile, look into their eyes and giggle occasionally when talking to people. Even with women. But don't overdo it. Remember to be mysterious and smooth.

🚫 **Poise:** Elegance and smoothness. Poise is the key to elegance. It is gracefulness; it is the subtle movements that make a huge difference. Practice in front of the mirror so that you can see the difference. Incorporate proper posture and poise into your everyday life: it makes a woman more desirable, more polished, more engaging, more comfortable with herself in any social and work situation. Taller and leaner look gives more confident presence and you get immediate results. Be aware that you are always sending a message to the world whether consciously or unconsciously. You can be in control of that message or let the message control you. Learn to use it to your advantage, and you will always control your first impression.

Café chats



Where are you from?

New Orleans

What are your hopes and dreams?

I want to make art and enjoy life. I don't think it's completely necessary that I make my living off my art. My mom sold her work in Jackson Square in New Orleans and through that I meet a lot of people who really struggled to sell art in the form of a product. I have nothing but respect for that endeavor. I want to travel like most people. I like moving through unfamiliar spaces where no one knows me and just absorbing everything I see.

What stresses you out?

Small talk stresses me out which is a shame because it's usually fundamental when you're just getting to know someone new. I think lately I have been fearing stagnation. I don't want to get into it but it's been a tough year for everyone, some more than others, and while some people find easy work through uncertainty I still find it hard not to be paralyzed by it.

What do you love more than anything in this world?

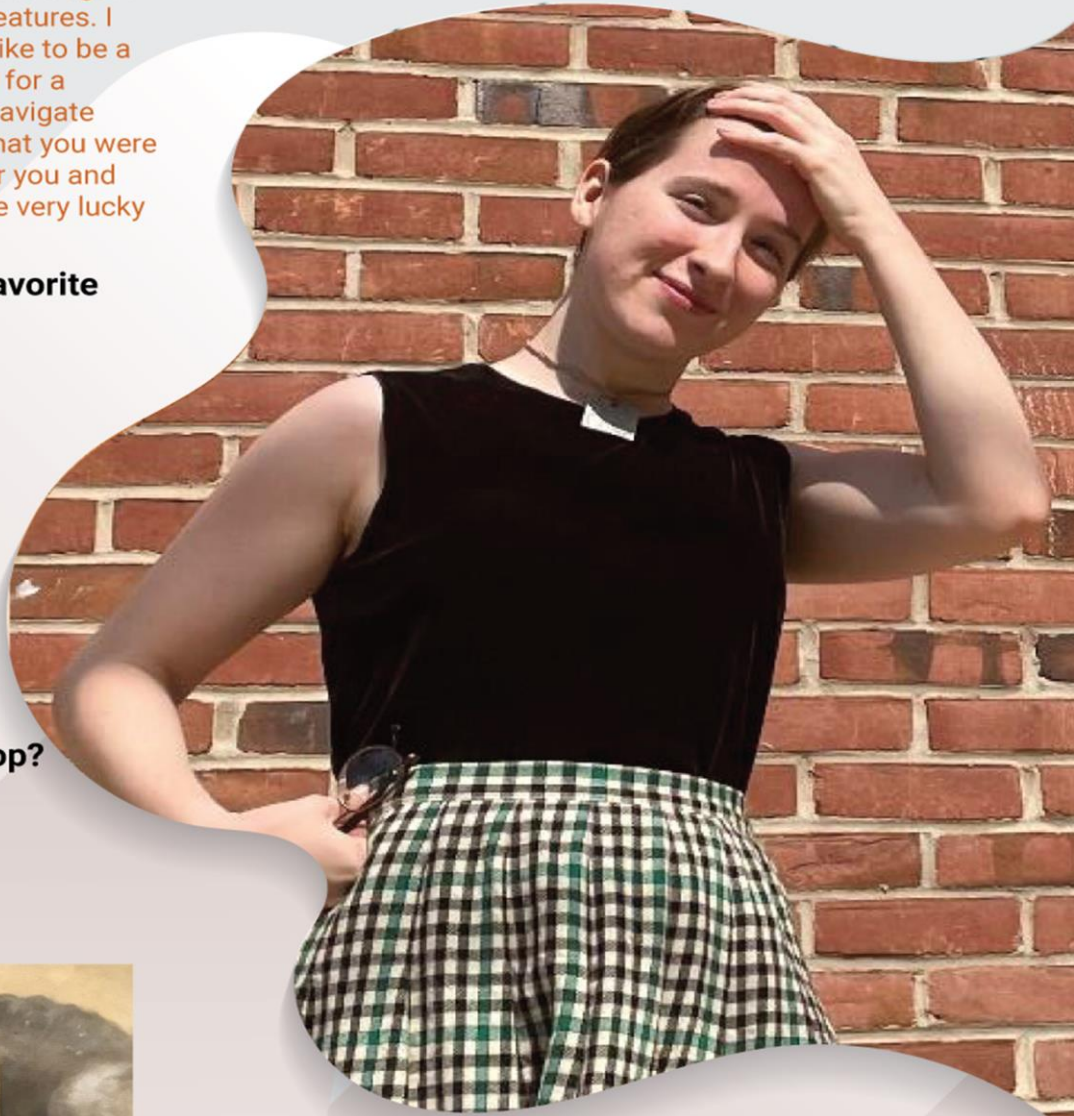
I have to say dogs. I love dogs and I draw them all the time. That is an unoriginal thing to say but I don't mind because everyone should love dogs. I think they are wonderful creatures. I often think about what it's like to be a domesticated animal. Born for a function. What it is like to navigate through the human world that you were born into but is unsuited for you and confuses you. I think we are very lucky that dogs put up with us.

What are some of your favorite television shows?

I watch China, Il from Adult Swim on loop. It's kind of my television comfort food. I don't know if it's my absolute favorite but it's nice to look at, it's not serious. Its dumb and funny and the characters are weird and endearing. I like that.

Where do you love to shop?

I love thrift stores! They make me happy.



Good Morning, Rose

BY

DREAM SUGAR
Cafe



COMBATS CELLULITE



REDUCES SCAR VISIBILITY



SOOTHES & CALMS ECZEMA/DRY SKIN



HEALTH TIPS

FROM THE WORD OF GOD

By Dr. Surina Ann Jordan

1 Eat and Drink Real Food

There is a strong spiritual connection to food. Food is power. Food is given to us as medicine and for enjoyment. The body has an expectation for certain nutrients. Food is needed for the duration of life on earth. So, we pray, "Give us this day, our daily bread" (Mat 6:11). Then we prepare to be led by faith to our daily meals. The Lord will supernaturally help us with what we should have and fill in the gaps that may be missing from any meal. Many of us remain connected to the slave's diet based on lineage and culture. That was food without a choice. Because we are free in Christ, ask the Father for more wisdom and understanding of this powerful medicine called food.

2 Establish a Sacred Place to Live

Our home is our healing station, "safety is of the Lord". (Prov 21:31b) Home should be more peaceful than any place outside. This is where we nurture our health. Home is the root structure for the kingdom of God on earth.

3 Move Your Body

Let everything that have breath, praise ye the Lord (Move).
To breathe, means there is movement within the body. Regardless of age, we must always move. "For in him we live, and move, and have our being;" (Acts 17:28).

We should constantly move our frame. Children of God, always with perfect posture, always standing tall, and sitting properly.



4 **Be Intentional About Life**

This looks like living purposefully. We cannot be well if we are living in survival mode. If the world (culture) is setting the standard and establishing our values, this is not the will of God. When we embrace God, we are postured to accomplish our life's purpose and to know wellness.

Every Christian has the same identity. We are children of God, and there is a lifestyle associated with this. Our purpose, however, is a unique talent, gift, or assignment that each of us has attached to our life in Christ.

5 **Use Common Sense**

Jesus said, "I am the way, The truth and the life" (John 14:6)

Knowing Jesus gets us to the Spirit of Truth. **To use common sense, we must marinate on the truth.** Then use common sense to make the choices and decisions that move us forward in the will of the Father. Seeking the truth, applying the truth to our decision making, and thinking prayerfully are essential if we are to use common sense.

6 **Pursue Primary Care**

Primary care for the Believer is God, who is Love. It is God's love moving in and through us as we pursue Him. Because God cares for me and I care for Him, I can care for others and myself.

7 **Maintain Good Communications**

Prayer is the only way to eliminate stress and anxiety. Prayer is a proven mind fixer and heart regulator. Knowing your rights and privileges—including the fruit of the spirit—and using the Word of God as the sword of the Spirit, changes things for the good.

Also, your body knows your voice, and what you say determines your state. Every cell in your body will obey your words and thoughts. If you declare the words below, by faith, several times a day for 7 days, you will see a difference in your health. Try it.

Declare: "This day (knowing this is the day the Lord has made), with the Way (the Way being Jesus Christ), I'm getting better and better and better".

"This day, with the Way, I'm getting better and better and better".

As Pastor says, the greatest asset of a child of God, financial or otherwise, is our health. The ultimate source of every health tip worth following is the Word of God. Wellness is truly a Biblical lifestyle, so let's live like it. Let's start today!

Sarina Ann Jordan is a Christian author, wellness coach and a presenter. Her passion and call is to reach those who are seeking a better life through Christ and all his benefits.

She is a Bible Study instructor, vegan chef, and author of three books, including *The Seven Disciplines of Wellness*, *the Spiritual Connection to Good Health*. She is married to Herbert Jordan, and they have two daughters. They have been members of Huber Memorial Church for 15 years.

WATERING MOISTURE SUNSCREEN

Moisturizer works on trapping
water in your skin.



LUCID AND NON GREASY
SAFE AND NON-TOXIC

The Brick Game Changing Muscle rub



You can probably agree that a win or a high-intensity workout leads to a feeling of satisfaction, but it is often accompanied by muscle and joint pain.

"In the US, "8.6 million sports injuries occur each year. About one-third of all sports injuries occur in a sports facility, athletic field or playground."

What if I told you that I have the perfect solution for this problem? Can you guess? The Brick

The Brick is an all-natural therapeutic muscle rub. This trademark handmade fresh formula was created exclusively for athletes to relax their muscles and make them forget about all the things they struggle with after a training session or game!

How?



In a container to keep at home

The rub includes a wide variety of organic oils and butters that have many benefits, especially for athletes.

You may be wondering: "There are plenty of similar products on the market. What makes this one special?" Well, the answer lies in its ingredients.

Amongst the ingredients is peppermint oil, a treatment for

muscle pain and it also reduces inflammation. one of the components of this herb is menthol, making sore muscles feel cool.

Another ingredient is wintergreen essential oil which is the number one antidote for discomfort in the joints, muscles, joints, and tendons thanks to one of its natural chemicals that has similar qualities to aspirin.

Besides the ingredients mentioned, The Brick muscle rub contains shea butter and olive oil. Studies prove Shea butter works great as a remedy for joint stiffness, particularly in the knee area. And olive oil has similar properties when it comes to arthritis thanks to its compound, oleocanthal.

Needless to say, if you are one of the many athletes that have joint problems, The Brick is the right muscle rub. This product will make you feel unstoppable and get rid of the obstacles that stop athletes from reaching their full potential!

On top of that, it is considered all-natural, meaning that it

doesn't contain any artificial chemicals. This truly makes it a must-have product for every athlete!



Conveniently packaged for your gym bag to keep your hands free from the product while working out.

**The question is...
Does it work? Yes, it works!**

FARMASI *Beauty Influencer*

The Key To Your Business



1. STARTER KIT 19.99



2. CHOOSE YOUR OPTIONAL
ADD ON PRODUCT PACK.
ONLY AVAILABLE AT SIGN UP.



\$49.99



\$125



\$125.90



\$125.90



- *50% Commission*
- *50% Discount*
- *Free Website*
- *No minimums on orders*
- *Bonuses, Incentives, & More!*

\$200



Tiana Wells-Lawson - Culinary Expert



How to Express the **SECRET POWER** Inside of Your Creative Moment

-The best way to show you care is to take the time to show it through food.

For instance, on **Mondays** fix a dinner from India. On **Tuesdays** cook a dinner from Africa, **Wednesdays** prepare it from Mexico, **Thursdays**, fix Japanese, **Fridays** go out to eat at a restaurant, **Saturdays**; if you live near New York and it's safe take a train to the city, just for lunch and return home that same day, and **Sundays**, make it seafood night or a traditional American dinner, such as mashed potatoes, hamburgers, or Tiana Wells-Lawson's Double Dipped Southern Fried Chicken. And yes, we have the recipe!

For dinner time prepare meals from different parts of the world to change up the menu.



DOUBLE DIPPED FRIED CHICKEN

PREPARATION:

Clean chicken and punch holes in the chicken. Season raw chicken to taste with Seasoned Salt, Old Bay Seasoning with a dash of Cayenne pepper let chicken marinate for 1 hour in the refrigerator. Fill a large Ziploc bag $\frac{1}{4}$ full with all-purpose flour. Add 2 tablespoons of Seasoned salt, 1 tablespoon of Cayenne Pepper and one teaspoon of pepper inside the Ziploc bag. Beat one large egg add a sprinkle of seasoned salt and a dash of cayenne pepper. Add one cup of all-purpose flour onto a large plate. Place chicken into the egg mixture and roll into the flour on the plate and place into the Ziploc

INGREDIENTS:

One tray of chicken
2 tablespoons of Seasoned Salt
2 tablespoons of Old Bay Seasoning
2 teaspoons of Cayenne Pepper
 $\frac{1}{4}$ large Ziploc bag of all-purpose flour
1 teaspoon pepper
1 large egg
1 cup of all-purpose flour
Vegetable oil enough to deep fry chicken

bag. Shake the bag so that the flour covers the chicken. Preheat the vegetable oil in a large skillet. The oil should be very hot. Place chicken into the hot oil. Fry for approximately two minutes on each side. Cook thoroughly.

*Cook time:
Approximately 35 minutes*



Tiana's famous **Sweet Potato pie!**

Don't want to prepare food every day? You could also cook everything on Sunday for the week. Purchase nice food savers like chefs do to keep the food fresh and easy to get to for meals and snacks. And do you want to know what will make your Thanksgiving dinner even more special this year Tiana's famous Sweet Potato pie!

Ingredients:

2 cups peeled mashed sweet potatoes
1 cup of sugar
1/2 cup melted butter
2 eggs
1 cup of milk
1 tablespoon of vanilla
1 teaspoon of nutmeg
1/4 teaspoon salt
1/4 teaspoon of ground cinnamon

Directions:

Preheat oven at 325 degrees. In large bowl, combine all ingredients. Mix thoroughly. Stir in milk last. Pour contents into pie crust. Bake for 30-40 minutes.



In honor of Dream Sugar Café Cookbook with a Twist! coming out soon we would like to show you how you can use some of the ingredients in the pie to make your own lip scrub.

Ingredients:

Equal parts of White Sugar with either Coconut Oil, Almond Oil, Jojoba Oil, or Olive Oil ,Cinnamon to your liking

Directions:

Mix and mash—it's really that simple! Be sure to transfer to an air-tight container and store in the fridge between uses. Gently rub the lip scrub on your lips and rinse off with warm water.





Get in Touch



Cover - Photographer Jonathan Norris @theoriginaldjjonnyblaze - Make Up Artist Keonna Stewart-Neverson @glam_phacez

Page 12 - Photographer Jonathan Norris @theoriginaldjjonnyblaze - Make Up Artist Keonna Stewart-Neverson @glam_phacez – Designer Sean O’Neil’s Dress price upon request at www.facebook.com/neasa.leano

Page 2 & 12 - Damien Lee Leather Bag Company www.ShopDamienLee.com
\$100-\$450.

Pages 3, 11, 12, & 28 - www.Farmasius.com/KellyYoung


Page 29 – Tiana Wells-Lawson Expert Culinary at www.facebook.com/tiana.wells.39 - Photographer Calvin Holmes at www.chvmedia.com Tiana Wells-Lawson continued on **pages 30-31**

Special thanks to those who helped us with this magazine and your support and love, thank you!

And don't forget to follow your...

Psalm 37:4

Delight yourself in the Lord, and he will give you the desires of your heart.

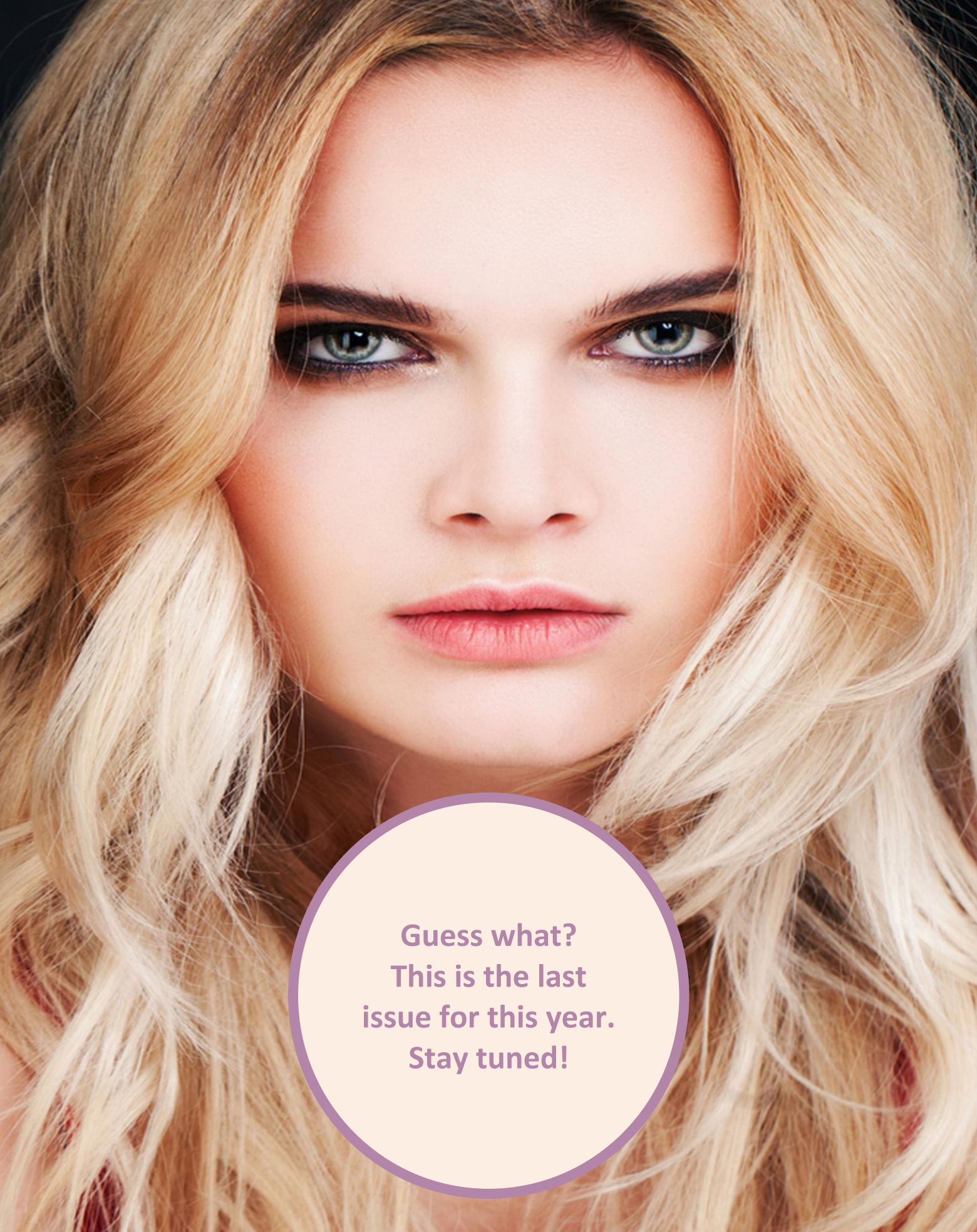


DREAM SUGAR
Cafe



DREAM





**Guess what?
This is the last
issue for this year.
Stay tuned!**